



## AJEX News....

### Over £3,000 Raised from the London Marathon

April 09

On Sunday 26<sup>th</sup> April 2009 Alan Rose took to the London streets to run 26.2 miles for the Association of Jewish Ex-Service Men and Women's welfare fund. This is Alan's eighth Marathon which he trained for from his home in North Finchley. His wife Hilary and 4 year old son Adam, were near the finish line, encouraging him those last exhausting yet and exhilarating steps to victory.

Alan has raised over £3,500 for AJEX this year, with donations still coming in, an amount that will be put to very good use. AJEX's welfare fund offers essential support to Jewish ex-service men, women and their dependants, assisting them whenever and as much as possible in times of need.



Alan Rose cooling off just after his challenge